

# Cross Council Mental Health webinar

27<sup>th</sup> September 2017



# Welcome and participants instructions

- The Webinar will last for no longer than an hour
- There will be a presentation from the Research Councils, followed by a Q&A opportunity
- Please **TURN OFF** your webcam and microphone
- If you experience difficulties during the webinar with sound or visibility of the slides please email [mentalhealth@esrc.ac.uk](mailto:mentalhealth@esrc.ac.uk) and we will attempt to resolve them during the webinar
- During the webinar please type your questions and share them with everyone via the webinar chat window (**please only use the chat window for questions not discussion**)
- We will answer as many questions as possible during the Q&A session
- Unanswered questions from the webinar will be added to an FAQ document and additional questions can be sent afterwards to [mentalhealth@esrc.ac.uk](mailto:mentalhealth@esrc.ac.uk)

# Summary

- Cross-disciplinary mental health research agenda
- Network Plus Call details
- Networking event – Tuesday 31<sup>st</sup> October, London
- Short break (10-15 minutes)
- Q & A session

# Cross-disciplinary Mental Health Research Agenda

- <http://www.rcuk.ac.uk/documents/documents/cross-disciplinary-mental-health-research-agenda-pdf/>
- Consultation period
- Seven Research Councils collectively developed the Research Agenda
- Not about addressing priorities for mental health research
- Not a strategy for mental health research
- Is about highlighting and encouraging research areas that could be tackled through cross-disciplinary working
- Research that is Novel, Transformative, crosses research council remits, based on meaningful PPI, building capacity in the field, impact

Novel ideas

Challenge Based

Lifecourse perspective

Transformative

No specific conditions in mind

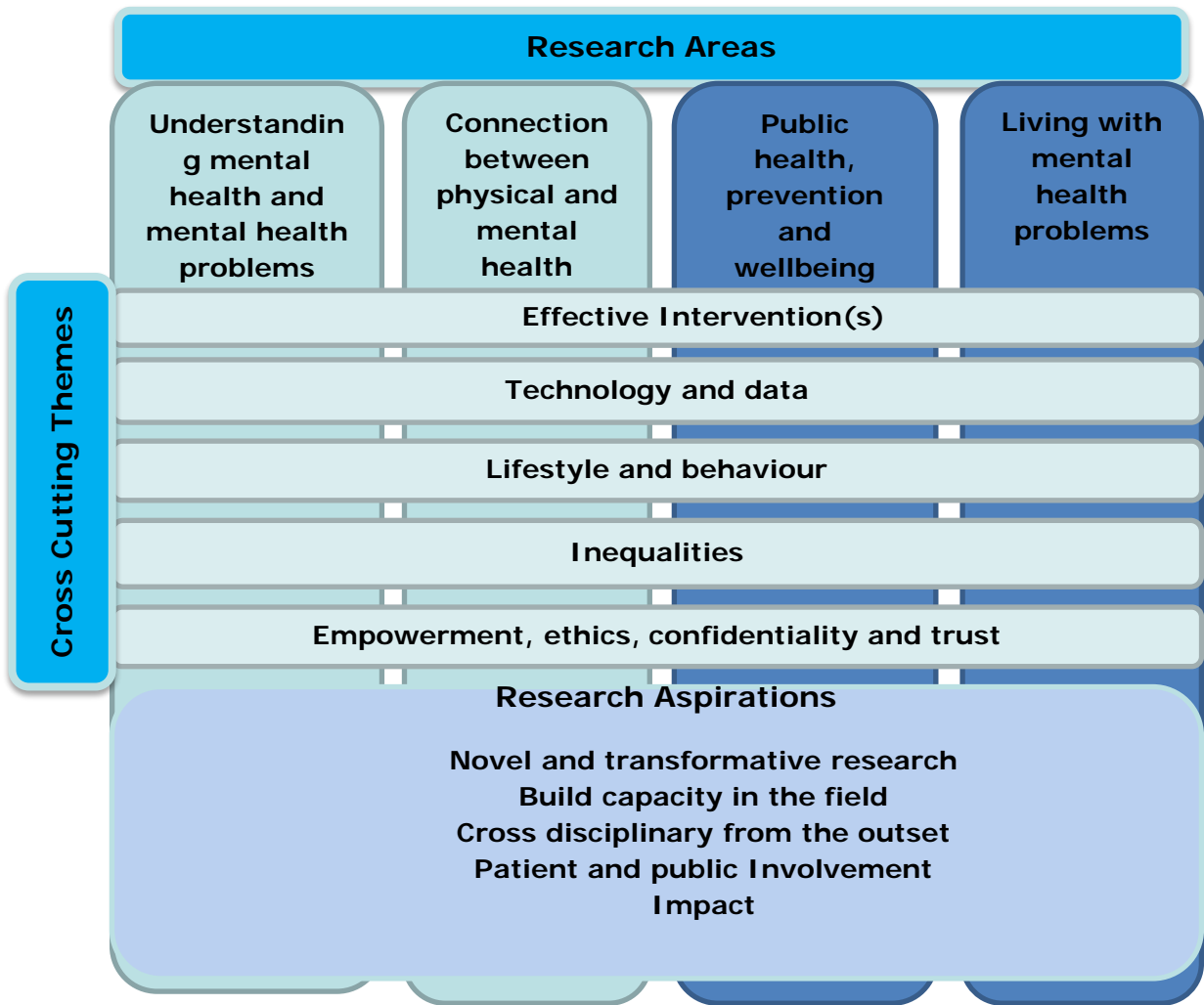
Neuro-degenerative out of scope

Don't have to cover all 7 RCs

Not about ODA

# Why?

- Better understand the determinants of Mental Health and illness across the lifespan
- Better understand specific conditions and co-morbidities
- Increase knowledge of self-management tools and techniques
- Increase knowledge about what makes individuals, groups, communities, etc. more resilient to mental health problems
- Improve diagnosis
- Improve treatment
- Improve the experience received through mental health care provision
- Improve the effectiveness of interventions and preventative measures
- Improve training for healthcare professionals



# Understanding mental health and mental health problems

- Improving understanding
- Aetiology (biological, environmental and social factors)
- Looking across the life span holistically
- Early identification
- Risk factors and protective factors around progression and regression
- Understanding triggers for new or repeat episodes of mental ill health



# Connection between physical and mental health

- Understanding the interactions between physical and mental health (biological, social, economic etc.)
- Frequency and complexity of co-morbidities
- Stigma and the differences in experience of healthcare provision for those across different groups and communities
- Risk and protective factors and promoting mental resilience (vulnerable groups, addiction etc.)
- Better join up at the point of evaluation and/or diagnosis
- Service integration, delivery and design

# Public health, prevention and wellbeing

- Profiling across the life span
- Holistic approaches to diagnosis and early identification
- Identifying populations that are more at 'risk' of poor mental health
- Perceptions, changing perceptions, awareness, stigma
- Inclusion and exclusion of groups
- Changing natural, social and physical environments
- Role of wider services and sectors (arts, sport, workplace etc.)

# Living with mental health problems

- Recovery or management of conditions
- Social inclusion, isolation and identity
- Factors effecting whether individual seek help for conditions
- Effect of mental health problems on other elements of a persons life
- Belief or perception (an individuals' conceptualisation of health, faith, belief in recovery)

# Cross-cutting themes

- Effective interventions – *safe and targeted interventions*
- Technology and data – *creation, use, linkage of data. Use and development of technologies*
- Lifestyle and behaviour – *elements of lifestyle effecting mental health*
- Inequalities – *affect of mental health on different groups*

# Cross-disciplinary mental health Network Plus Call

- ESRC is administering this call on behalf of the seven Research Councils (AHRC, BBSRC, EPSRC, ESRC, MRC, NERC & STFC)
- Call will open early October 2017
- Apply for up to **£1.25m** (100% FeC)
- Networks can be up to **48** months in duration
- Must commence by **1 September 2018**
- The call will close **4pm** on **Thursday 22<sup>nd</sup> March 2018**
- Shortlisting panel meeting in May 2018
- Interviews for shortlisted applicants May/June 2018
- Outcomes communicated June/July 2018

# Call details

- Collectively the Research Councils have between £9-10m to spend on this call (contingent on the range of disciplines covered within successful awards)
- Cross-disciplinary networks (crossing research council boundaries)
- Addressing specific research questions relevant to the research areas within the cross-disciplinary research agenda
- Interest in novel, innovative research, and building capacity in the field

## Call details continued....

- As well as academics, networks should include as appropriate non-academic representatives
- Diversity of network and leadership team
- Networks will set aside an appropriate amount of funds for their 'plus' activities (research projects, seminars, discipline hops etc..)
- Successful networks will be expected to work together and participate in activities organised by the Research Councils or the network co-ordinator

## Call details continued...

- An application can be received from a group of institutions or from a single institution (where an argument can be made for its specific expertise)
- STFC are contributing the use of facilities such as Hartree and queries about the Centres' capabilities should be directed to Tom Kirkham at STFC ([tom.kirkham@stfc.ac.uk](mailto:tom.kirkham@stfc.ac.uk) )
- NERC would like to highlight and encourage the use of their environmental datasets, through their network of data centres.



# Networking event

- **Tuesday 31<sup>st</sup> October 2017**
- Registration for this event is now open and details, including the expression of interest form can be found on the ESRC website <http://www.esrc.ac.uk/news-events-and-publications/events/cross-research-council-mental-health-networking/>:
- *Please send a completed expression of interest form to [mentalhealth@esrc.ac.uk](mailto:mentalhealth@esrc.ac.uk)*
- Registration closes **4pm Thursday 12<sup>th</sup> October 2017**
- Places are limited to 100. (We will still include names and expertise of those that didn't get a space within the delegate pack, so that they are still able to be contacted by others)

# Purpose of event

- To Learn more about the Network Plus call
- Learn more about the expectations of the successful applicants
- To meet potential collaborators